# Peptide-mediated cellular delivery John J Schwartz & Shuguang Zhang

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Peptide-mediated molecular therapeutic delivery systems have recently emerged as an alternative means to effectively substitute or augment present gene therapy technologies, eg, TAT, VP22, engineered peptides. These systems show great promise for the elimination of the main bottleneck to safe, efficient, targeted gene therapy delivery and are able to efficiently introduce DNA, antisense peptide nucleic acids, oligonucleotides, small molecules and proteins into cells both in vitro and in vivo. They are versatile and easily designed to incorporate a number of specific attributes required for efficient cargo delivery. A fundamentally new property of these moieties will allow the therapeutic intervention in the biochemistry of the target cell without the need to alter its genome.

*Keywords* Antennapedia, membrane translocation, molecular engineering, non-viral delivery, TAT, VP22

#### Introduction

Each cell in the body has a specific function and fate. Regulated gene expression determines the character of the cells in each organ, as well as their proper function. Residing within every somatic cell of the body there is the complete genetic information required to make an entire organism. There are more than 100,000 genes in the human genome, but only a subset of genes are active in any cell at any given time. The correct regulation in temporal and spatial expression of the DNA blueprint is critical for proper cellular function. Disregulation of the genetic program by mutations in DNA usually results in pathology (eg, cardiovascular, cystic fibrosis, hemophilia and cancer).

The standard paradigm of somatic cell gene therapy is the ability to transfer genetic material into a non-germ diseased cell to induce a permanent cure. Gene therapy is especially appropriate in well characterized, monogenic diseases, for example, where the specific mutation is known and conventional pharmacological approaches are insufficient, ie, Adenosine deaminase deficiency (ADA), hemophilia, cystic fibrosis, Duchenne muscular dystrophy, sickle cell and lung disease [1...,2-5]. Tailoring the treatment regime to specific molecular causes increases the therapeutic index of treatment and reduces its adverse side effects. This is the driving motivation behind gene therapy today.

# The current problems and the ideal system

The lack of predictable safety and efficacy standards in somatic gene therapy systems, has brought the whole field to a crossroads. Replication-incompetent viruses, naked DNA injection and liposomal agents have been the predominant means of genetic transfer. To date, there has been little lasting impact in the typical practice of medicine conferred by these gene therapy technologies. The crux of today's gene therapy dilemma is still the same as it has always been: efficient, safe, targeted delivery and persistent gene expression [1••,6].

In light of the safety concerns and efficacy issues viral encountered with transduction [http:// www.med.upenn.edu/ihgt/jesse.html, http://www.med.upenn.edu/ ihgt/findings.html], peptide-based gene delivery agents are emerging as alternatives for safer in vivo delivery. The main attraction of these peptide systems is their versatility. Peptide-based delivery systems have the ability to deliver therapeutic proteins, bioactive peptides, small molecules and any size nucleic acids. The use of these agents allows the researcher to intervene at multiple levels in the cells genetics and biochemistry and is a fundamental new technology in the gene therapy field [7•,8•].

Peptide delivery agents are more like traditional pharmacological drugs than gene therapy vectors. With the past to guide us, a critical re-evaluation of the best characteristics for an ideal delivery system is in order. The desirable features may include the items displayed in Table 1. Peptide-based systems seem to have many of these features inherent in their design, or can be easily engineered to encompass them.

Table 1. Desirable features for a peptide-based delivery system.

| Redundant safety features  |  |
|--|--|
| Efficient transit into cells in vivo                                     |  |
| Efficient, stable delivery of undegraded cargo into the nucleus          |  |
| No size constraints on cargo   |  |
| Aid in regulated, appropriate and sustained expression of any cargo gene |  |
| Amenable to molecular design and engineering                             |  |
| Easily and inexpensively produced at high purity                         |  |
| Efficient targeting  |  |
| Non-immunogenic, antigenic or inflammatory                               |  |
| Adaptable to any cell type of cell or tissue                             |  |
| Non-toxic and biodegradable  |  |
| Easy, non-invasive administration  |  |
| Sufficient serum half-life   |  |

# State-of-the-art of gene delivery systems

Viral delivery systems have been state-of-the-art for some time now. The most mature viral technologies are based upon engineered retroviruses, adenoviruses and adenoassociated viruses. Many adenoviral gene therapy protocols rely on the vascular system to deliver virus to the liver by intravenous (iv) injection, or transduction by inhalation. Severe adverse events can and sometimes do occur with direct injection of adenovirus. These adverse events are usually a result of direct immunogenicity and antigenicity of the virus or of viral proteins. Almost half of the human population has circulating antibodies to adenovirus. Thus many humans are already 'primed' to resist adenovirusbased therapies. These problems and DNA cargo size constraints have hampered the effective use of these vectors in the clinic.

Liposome delivery systems are another mature technology for gene delivery. Liposomes are synthesized lipid micelle forms, which can incorporate DNA and proteins. Mixed micelles of positively charged and neutral lipids bind electrostatically with the backbone of the DNA to be delivered. This complex shields the cargo from degradation and helps transit across the lipid bilayers of cells. There is inherent competition in the assembly of micelles and the subsequent unpacking of their DNA cargo. This results from the affinity of the lipid head group for the DNA. This lipid interaction can hamper gene transit to the nucleus from the therefore expression. cytosol and Liposome-DNA preparations injected into the tail-vein of rodents typically elicit a transient bolus of expression. In many experiments, the lipid is rapidly absorbed onto serum proteins in the liver. Engineered lipid toxicity, lack of targeting and the lack of long-term expression are problems associated with this gene therapy technology. However, new preparations of lipids have addressed some of the toxicity and targeting issues, but long-term in vivo expression of cargo alleles remains transient.

Other non-viral delivery systems have been investigated as gene therapy delivery modalities. Delivery of genes and other molecules into cells can also be accomplished by microinjection, electroporation, encapsulation within polymers, or other physical means. There have been other non-viral delivery alternatives designed and tested in the last few years. These mainly rely on organic polymer technologies. In such systems the polymer backbone is conjugated with biological peptides, such as RGD motifs, which facilitate the delivery [9-12]. It is still too early to assess their feasibility for clinical human gene therapy due to their relatively complex manipulation, lack of specificity, potential cellular toxicity and immunogenicity/antigenicity.

Most gene therapy agents that are in use today have only some of the attributes listed in Table 1. Not every feature on the list needs to be included for a locally effective treatment. For example, a small number of cells transduced by the gene therapy vector can elicit tumor regression. Transient expression of herpes simplex virus thymidine kinase (TK) in part of a tumor allows the killing of the lesion by the prodrug gancyclovir. The TK protein leaks out of dead and dying cells and is then taken up by neighboring tumor cells. This makes the untransduced cells equally susceptible to death because of gancyclovir's toxicity. The bystander effect can allow killing of the majority of the tumor by transducing a small portion with a prodrug activator gene.

# The early promise and the reality

In the early 1990s retroviral gene therapy protocols were used to treat ADA in patients with limited success [13-15]. These trials typically relied on the ability of engineered retroviruses to efficiently enter and establish themselves in dividing cells ex vivo. Cells were transplanted back into the patient and the ADA gene product was expressed. The patients transiently expressed enough ADA protein for a time and then the expression decayed to non-therapeutic levels requiring the resumption of standard treatment regimes (the iv infusion of ADA protein). Complications encountered in this trial included the possibility of initiating cancer by insertional mutagenesis of the host cell with retroviruses and the lack of sufficient long-term expression of the transferred allele. Lack of expression of the transferred gene resulted from several problems including: inefficient transduction, regrafting, immune factors and transcriptional silencing of the viral promoters by methylation.

# **Peptide-mediated delivery**

Many peptide- and protein-mediated delivery systems have been reported (Table 2) [16-20,21••,22••,23,24,25••,26,27,28•, 29-34]. However, several barriers to their use as delivery agents exist, such as degradation by cellular proteases and nucleic acids by nucleases *in vivo*, efficient uptake into cells in the absence of specific receptors and transporters and escape from the endosome/lysosomal compartment. These are surmountable obstacles; which are amenable to rapid, rational engineering design and analysis.

The transit of peptides and proteins across lipid bilayers is generally energetically unfavorable. However, there are several naturally occurring proteins, which can pass across the membrane unencumbered by the need for specific transporter schemes. Some examples of this type of protein are antennapedia (*Drosophila*), TAT (HIV) and VP22 (herpes). Several peptides derived from these (and other) protein sequences are available that can efficiently enter mammalian cells, transit to the nucleus, or carry molecular cargoes into the cell (Table 2).

#### **HIV TAT protein**

The 86 amino acid HIV transcriptional activator protein TAT, can be synthesized in one cell and then released and transited into a neighboring cell [35,36]. A receptormediated event is not required for TAT to pass into a neighboring cell. HIV-1, as well as all other lentiviruses, encode a potent TAT. This protein binds to specific regions of the virus genome (tar) and recruits cellular factors to increase the efficient transcription of the proviral genome. TAT is an important virulence factor of HIV infection. The TAT protein has three domains: the cysteine rich, basic and integrin binding regions. This protein has many effects on various host cells including being pro-angiogenic in endothelial cells [37,38]. Table 2. Peptides used in DNA, oligonucleotides, peptide and protein delivery.

| Name                | Sequence (N→C)                          | Size (kDa) | Reference |
|---------------------|---|------------|-----------|
| TAT                 | YGRKKRRQRRR                             | 11         | [21••]    |
| ANTp                | RQIKIWFQNRRMKWKK                        | 16         | [22••]    |
| W/R                 | RRWRRWWRRWWRRWRR                        | 16         | [23]      |
| NLS*                | TPPKKKRKVEDP                            | 12         | [16]      |
|                     | CWKKKKKKKKKKKKKKKK                      | 20         | [20]      |
| DiCWK <sub>18</sub> |   | 40         | [20]      |
| Transportan         | GWTLNSAGYLLGKINLKALAALAKKIL             | 27         | [24]      |
| DipaLytic           | GLFEALEELWEAK                           | 13         | [25••]    |
| K <sub>16</sub> RGD | K <sub>16</sub> GGCRGDMFGCAK16RGD       | 46         | [26]      |
| P1                  | K <sub>16</sub> GGCMFGCGG               | 25         | [27]      |
| P2                  | K <sub>16</sub> OCRRARGDNPDDRCT         | 31         | [27]      |
| P3                  | KKWKMRRNQFWVKVQRbAK (B) bA              | 20         | [28•]     |
| P3a                 | VAYISRGGVSTYYSDTVKGRFTRQKYNKRA          | 30         | [29]      |
| P9.3                | IGRIDPANGKTKYAPKFQDKATRSNYYGNSPS        | 32         | [29]      |
| Plae                | PLAEIDGIELTY                            | 12         | [30]      |
| Kplae               | K <sub>16</sub> GGPLAEIDGIELGA          | 30         | [30]      |
| cKplae              | K <sub>16</sub> GGPLAEIDGIEL <u>C</u> A | 30         | [30]      |
| MGP                 | GALFLGFLGGAAGSTMGAWSQPKSKRKV            | 27         | [31,32]   |
| HA2                 | WEAK (LAKA), LAKH (LAKA) , LKAC         | 28         | [33]      |
| LARL4 <sub>6</sub>  | (LARL) <sub>s</sub> -NH-CH <sub>3</sub> | 24         | [33]      |
| Hel-11-7            | KLLKLLLKÜWLKLLKLL                       | 18         | [33]      |
| KK                  | (KKKK),GGC                              | NA         | [17]      |
| KWK                 | (KWKK),GCC                              | NA         | [17]      |
| RWR                 | (RWRR),GGC                              | NA         | [17]      |
| Loligomer           | K9K2) (K4) (K8) GGKKKKK-NLS             | NA         | [34]      |

Single letter code for amino acids are used for all peptides. The sizes range from 11 to 46 (kDa). There are no obvious consensus sequences or conserved motifs. Some have the positively charged residues for DNA binding, and clusters of hydrophobic residues, especially those with aromatic side chains, which presumably further condense DNA and facilitate membrane translocation. This list is by no means complete.

\*NLS = nuclear localization signal, only one NLS is listed here although there are many variations of NLS that have been described. Derossi *et al* [22••] described a table which listed many variations of ANTp and its derivatives. Plank *et al* [17] have listed many more branched peptides; only three examples are listed here.

NA = Not applicable

A minimally effective TAT-derived peptide that can traffic across the membrane is the protein transduction domain (PTD), which is only 11 amino acids long. Protein translational fusions with this sequence (YGRKKRRQRRR) transit efficiently across the mammalian cell membrane *in vitro* and *in vivo* into the nucleus. 50 Proteins from 15 to 120 kDa have been tested and all enter target human and murine cells efficiently [21••,39]. Additionally, bioactive peptides with the PTD appended remain biologically active with the appended transit sequence. These chemically synthesized peptides can rapidly pass into cells, accumulating in the nucleus.

Translational fusions of the 120 kDa  $\beta$ -galactosidase with TAT have been synthesized and injected into the peritoneum of mice [21••]. The remarkable results of these studies indicates that the TAT-tagged protein is rapidly taken up by all the cells and tissues in the mouse, including the brain. The blood-brain barrier is usually only accessible to small, lipophilic molecules.  $\beta$ -Galactosidase crosslinked to 35 amino acid TAT peptide can also be efficiently internalized. In both of these studies, the cell-associated  $\beta$ -galactosidase protein was active in *in situ* and FACS analysis. Interestingly, the crosslinked  $\beta$ -galactosidase was reported not to accumulate in the brain of mice.

The discrepancy between the earlier report by Fawell *et al* [40] and the recent report by Schwarze *et al* may be a result of differing sample preparation times and different means of

preparing the  $\beta$ -galactosidase protein. The sample preparation time reported by Fawell *et al* [40] was about 20 min, while a recent report quoted several hours [21••]. Schwarze *et al* describes a method for  $\beta$ -galactosidase preparation which may yield 'misfolded' protein [21••], but the 'molten globule' appearance of the  $\beta$ -galactosidase may aid in its transit. Schwarze *et al* used intraperitoneal delivery rather than tail-vein injections [21••]. Further investigations into the mode of entry and biophysics of TAT chimeras in transit through biological membranes are warranted.

Unfortunately, there is no apparent specificity in the transfer of the  $\beta$ -galactosidase protein into any cell type. All cells seem to incorporate the  $\beta$ -galactosidase fusion [21••]. If this method were to be used to deliver the gancyclovir prodrug activator, herpes thymidine kinase protein into cells, then unwanted collateral cell death would result. The inclusion of a dominant targeting domain in the chimera could eliminate this type of damage.

# Drosophila homeoprotein antennapedia

The *Drosophila* homeotic protein antennapedia (ANTp) is a capable of transiting across the membranes of animals and acting at a distance  $[22 \bullet \bullet]$ . The biology of ANT has been reviewed by Dorn *et al* [41 $\bullet \bullet$ ]. Briefly, homeobox genes specify spatial units of body plan. There is a 180 bp homeobox sequence upstream of the genes which encode a

DNA binding site for the homeotic gene products. Homeotic genes are helix turn helix proteins. A derivative of 60 amino acids of ANTp can translocate across cell membranes and bind to the homeobox sequence. The 16 amino acids (RQIKIWFQNRRMKWKK) of the third helix of ANTp (part of the 60 amino acids) have been identified as the minimal unit which can cross the membrane bilayer and eventually accumulate in the nucleus. Interestingly, the presence of a neural cell adhesion molecule (NCAM) linked to α-2,8polysialic acid increases the efficiency of transit 4-fold. The internalization of ANTp is energy-independent and functions efficiently at 4 °C, suggesting that the translocation mechanism may be based on amphiphilicity. Different derivatives of this peptide have been synthesized and tested for entry and are reviewed by Derossi et al [22]. The results suggest that the entry of ANTp relies on key tryptophan, phenylalanine and glutamine residues. Furthermore, the retroinverse and all D-amino acid forms also are all translocated efficiently. Therefore, a specific helical structure is not a prerequisite for membrane translocation entry. A proposed means of ANTp entry is that there may be a twostep interaction. The first step is the electrostatic approximation of the positively charged residues to the negatively charged cell surface. Secondly, the hydrophobic residues may facilitate interaction and translocation with the membrane. The presence of  $\alpha$ -2,8-polysialic acid increases the net charge of the cell surface, aiding this type of interaction. The association of the positively charged ANTp with the negatively charged sialic acid chains would yield a charge neutral sialic acid and result in a local pH change at the cell surface. This pH change might induce the insertion of the ANTp into the hydrophobic membrane, which would concentrate the ANTp on the cell surface and allows the hydrophobic forces to take hold, allowing entry. Exit of the ANTp-sialic acid complex would occur as a result of transition to the more neutral pH of the cytosol. This buffering pH shift would result in the release of ANTp. Entry is not dependent on sialic acid and ANTp transduces many cell types that do not express this material. The passage of ANTp from the cytosol to the nucleus can occur by passive diffusion. However, the rate of nuclear entry and the abundance of basic residues infer the presence of a nuclear localization sequence (NLS). The successful transduction of DNA that is larger than oligonucleotides has not yet been reported, but many bioactive peptides have been shown to traffic into cells when the ANTp sequence is added to it (Table 2).

# Herpes virus VP22

Herpes virus VP22 tegument is another unusual protein molecule, which can efficiently traffic across cell membranes [42••,43,44•,45-47]. It is so efficient that expression in a small population of cells allows VP22 protein to traffic intercellularly to all cells of the culture. This protein concentrates in the nucleus and binds to chromatin. VP22 appears to traffic through the membrane via non-classical endocytosis and can enter cells regardless of GAP junctions and physical contacts [45]. Transit of VP22 is susceptible to actin cytoskeleton disruption. This protein colocalizes to cellular microtubules and causes them to reorganize into bundles. VP22 is also the target of phosphorylation. During viral infection, the VP22 that accumulates in the nucleus is phosphorylated, while that found in the cytoplasm is not. This phosphorylation is likely a result of casein kinase II activity, as VP22 has four amino proximal serine residues in consensus sites. The last 34 amino acids are critical for transit. It is important to note that only carboxyl-terminal translational fusion proteins can be carried into cells. The biological activities of several proteins (p53, GFP, thymidine kinase and others) have been investigated as translational fusions with VP22 [44•,45,46]. The VP22 cloning and expression system is now commercially available for investigators (Invitrogen Inc, *http://www.invitrogen.com*).

Approximately half of all cancers have diminished p53 activity [48,49]. Supplementing a 'good' copy of the gene product to these cells could induce them to undergo apoptosis and kill the tumor. The VP22-p53 chimerical protein retained its ability to spread to between cells and its proapoptotic activity, and had a widespread cytotoxic effect in p53 negative human osteosarcoma cells [44•]. Normal and supernormal levels of p53 are not usually harmful to normal cells. Unwanted side effects should be minimal with this type of cancer treatment.

Herpes simplex thymidine kinase (HSV-TK) linked in frame with VP22, was transported between the cells of a neuroblastoma culture and had TK activity. These cells are GAP junction negative [46]. Treatment of tissue culture cells transfected with TK protein alone, or VP22-TK protein with gancyclovir demonstrated that only the VP22-TK-treated cells died. Tumors established with a neuroblastoma cell line expressing VP22-TK regressed, while those expressing TK alone did not [46]. These results suggest that this novel method of cancer therapy holds promise in the clinic.

VP22-GFP (DNA expression plasmid) was transfected into COS7 cells. These cells were, then cocultured with target C2C12 myotubes. The C2C12 cells were permissive to efficient VP22-GFP entry [46]. Terminally differentiated skeletal muscle cells were also transduced with a VP22-GFP protein, which suggests that mitosis is not a requirement of efficient entry [46].

Unfortunately, immunogenicity may be a problem with VP22 chimeras. VP22 reactive T-cells may have a role to play in the control of recurrent HSV infection. The antiviral functions of infiltrating CD4-bearing T-cells may include cytotoxicity, inhibition of viral growth, lymphokine secretion and support of humoral and CD8 responses. Viral VP22 and dUTPase are known to be T-cell antigens [50]. Analysis of the clonal reactive attributes of T-cells recovered from herpetic lesions from several patients proved this point. Some VP22 CD4 T-cells exhibited cytotoxic activity against HSV infected cells. VP22 and dUTPase are now being evaluated as possible candidates for protective vaccination epitopes. While many of the attributes of VP22 are laudable, the fact that there might be a vigorous immune reaction to the chimera in vivo should be considered carefully when using this method in human gene therapy.

# Other peptide-mediated gene delivery systems

Peptide-mediated delivery systems including transportan, MPG, SCWKn, (LARL)n, HA2, RGD, NLS, loligomer and others (Table 2) have been reported. Transportan, is a chimerical peptide derived from the first 12 residues of galanin connected by an  $\varepsilon$ -amino of a lysine with a 14 residue mastoparan. Mastoparan can effectively deliver oligonucleotides into cells in culture and animals to block cell signaling activities [24]. The MPG peptide is also a chimera; it is comprised of part of the HIV gp41 protein and the NLS of SV40 large T-antigen. MPG can act a potent gene delivery agent [31,32]. The cell adhesion motif RGD linked with oligolysine has been reported to deliver genes into cells [26]. Alterations of the region bounding the RGD motif also allow cell type-specific targeting.

#### Conclusions

Peptide- and protein-mediated gene delivery systems are currently not the state-of-the-art choice for delivery. However, these systems are extremely versatile and amenable to rational design and modification. Peptides can also include many unique features like cell tropism and alternate cargo delivery. Problems of antigenicity inherent in peptide system design can be eliminated or minimized. ANTp has been shown to be only weakly immunogenic in mice. *In vitro* protein/peptide evolution and *in vivo* phage display technologies [51••,52,53, *http://www.phylos.com*] allows the discovery of additional peptides/proteins that are more efficient, safe and specific for targeted delivery. We expect that out of this emerging field, peptide systems will play an increasing role in targeted molecular therapeutics and gene therapy.

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